# SACRED SPACES

WEEK 2: COMMUNION

# **DAY 1: READ ROMANS 8**

Are you struggling to understand the weight of Christ's sacrifice? Time to refresh our hearts and minds and remember the purpose of Jesus' life, death and resurrection. Christ's work is not happenstance, nor is it some casually agreed-upon business deal. Today, let the fullness of God's work in Christ sink in; dwell on the significance of His obedience, the sharpness of shame He was subjected to and the greater joy He had in setting us free. Pray and worship the Lord. As you process and think about His sacrifice, express your thoughts to Him. Worship Him.

### DAY 2: READ 1 CORINTHIANS 11:17-22

Paul has some harsh words about the Corinthians' antipathy, disparity, improper behavior and division amongst themselves. Does our behavior suggest we despise the living, active presence of God? As followers of Christ, He is our common bond, our sole source of salvation, our one and only means of grace. Let's not disparage His mercy by clinging to disunity and refusing our equality in the blood of Christ. Instead, let's embody the fullness of Christ's broken body and shed blood by showing the fullness of His love and care for all people to all people. Are you harboring resentment, clinging to your clique or promoting division in the body of Christ? What can you do right now to end it and instead blanket the Body of Christ (all believers!) in righteous, loving unity?

### **DAY 3: READ 1 CORINTHIANS 11:26**

He's coming back any day now.

Just as Communion is an act of recognizing our universal need and bond in the blood and body of Christ, it's also an expectant declaration looking toward the Lord's return. As you go about your day, proclaim the Lord's death until He returns in splendor. Frame every decision, every action you make in the expectation that the Lord is coming back soon. Who can you share the love of Jesus with today? Proclaim the resurrected Savior while we still can:

## DAY 4: READ 1 CORINTHIANS 11:27-32 & GALATIANS 6

Arrogance, division and callous carelessness are incompatible with the sacrificial love, profound humility and wholehearted care Jesus showed us. As we proclaim the riches of His mercies celebrating Jesus' crucified body and shed blood, let's make sure our hearts, behavior and bodies imitate His. Let both hands cling to the feet of Jesus. God will not be mocked.

### **DAY 5: READ JOHN 6:22-59**

God provided food for the Israelites while they wandered in the wilderness each day. While their hunger resumed every morning for physical food, the Lord provided for them. In Jesus, God has given us spiritual food that satisfies and gives us life. While Jesus died once for the sins of all (Hebrews 10:10), let's nourish ourselves with His flesh and blood, abiding in Him each day. What can you so to prioritize a healthier diet of Christ? As the Israelites depended on the Lord to protect and provide, He is the same God to us; He is faithful to provide and protect as we strive for holy obedience to Him and His mission.

# **DAY 6: READ JOHN 6:60-71 & PHILIPPIANS 2:12-14**

Many walked away from Jesus because they misunderstood what He said about eating His flesh and drinking His blood. Are you struggling to understand scripture, your thoughts, or the things you or your family are experiencing? Don't give up on Jesus just because you don't immediately understand. For those who remained with Jesus, they had a chance to see and understand the truth of His words and His faithfulness to all generations. With prayer, worship, scripture and healthy discussion with other healthy believers, work out your faith and trust Him to calm your fears and show you His perspective. He is faithful.